

Philippines 2010 Packing List	
<input type="checkbox"/>	Clothes
<input type="checkbox"/>	1 Pair comfortable closed toe shoes to work and hike in.
<input type="checkbox"/>	<i>1 Pair Flip Flops (No material or leather- they will be wet all the time)</i>
<input type="checkbox"/>	1 Nice outfit for church
<input type="checkbox"/>	Clothes for a week at least 5 outfits
<input type="checkbox"/>	Swimsuit - One piece for girls or two piece with cover shirt and shorts
<input type="checkbox"/>	PJs - Something cool and appropriate to sleep in
<input type="checkbox"/>	Pocket Poncho or waterproof windbreaker
<input type="checkbox"/>	Hat - for working in
<input type="checkbox"/>	Warm clothes and beanie for bus
<input type="checkbox"/>	Work Gloves
<input type="checkbox"/>	
<input type="checkbox"/>	Toiletries
<input type="checkbox"/>	Shampoo and Conditioner
<input type="checkbox"/>	Soap or Body Wash
<input type="checkbox"/>	Deodorant - Must! No exceptions!
<input type="checkbox"/>	Razor for shaving
<input type="checkbox"/>	Shave Gel
<input type="checkbox"/>	Hairbrush
<input type="checkbox"/>	Wash Cloth or a Loofa
<input type="checkbox"/>	Towel
<input type="checkbox"/>	Toothbrush
<input type="checkbox"/>	Toothpaste
<input type="checkbox"/>	Mouth Wash (optional)
<input type="checkbox"/>	Dental Floss (optional)
<input type="checkbox"/>	1 Package Antibacterial Wipes (Wet Ones Travel)
<input type="checkbox"/>	Small Roll Toilet Paper
<input type="checkbox"/>	Lotion - for working with concrete
<input type="checkbox"/>	Q-tips
<input type="checkbox"/>	Gold Bond Medicated / Baby Powder
<input type="checkbox"/>	Mosquito Repellant at least 30% deet preferably 99%
<input type="checkbox"/>	Sunblock
<input type="checkbox"/>	Antibacterial Hand Lotion (Travel Size)
<input type="checkbox"/>	Feminine Hygiene Products (plan for the worst)
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	
<input type="checkbox"/>	

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<input type="checkbox"/>	Other Essentials
<input type="checkbox"/>	Twin Size fitted sheet
<input type="checkbox"/>	Queen size sheet for sleeping in (Sew it like a sleeping bag if you want)
<input type="checkbox"/>	sleeping mat (optional)
<input type="checkbox"/>	Flashlight with Extra Batteries
<input type="checkbox"/>	1 Nalgene style reusable water bottle for drinking out of
<input type="checkbox"/>	Chapstick
<input type="checkbox"/>	Laundry Detergent - Tide Sink travel packs
<input type="checkbox"/>	Benadryll cream or medicine if you are allergy prone
<input type="checkbox"/>	Photo Copy of your Passport
<input type="checkbox"/>	Bible
<input type="checkbox"/>	Extra Pens
<input type="checkbox"/>	Journal
<input type="checkbox"/>	Devotional Book
<input type="checkbox"/>	Zip Loc Bags to put Bible in and electronics
<input type="checkbox"/>	Snacks to survive on
<input type="checkbox"/>	Malaria Pills
<input type="checkbox"/>	Personal Medication
<input type="checkbox"/>	Sunglasses
<input type="checkbox"/>	Laundry Bag / Trash Bag
<input type="checkbox"/>	
<input type="checkbox"/>	Other Suggested Items
<input type="checkbox"/>	Extra Spending Money (\$150 to \$200)
<input type="checkbox"/>	Digital Camera - extra batteries or memory cards
<input type="checkbox"/>	Candy to hand out and share
<input type="checkbox"/>	Stationary to write Home (Optional)
<input type="checkbox"/>	Advil / Tylenol
<input type="checkbox"/>	Itch Relief from Bug Bites
<input type="checkbox"/>	Gatorade or drink mix
<input type="checkbox"/>	Watch / Alarm Clock
<input type="checkbox"/>	Pictures of Your family and life
<input type="checkbox"/>	Small gifts from California for special friends
<input type="checkbox"/>	
<input type="checkbox"/>	*Note - It is going to be HOT and HUMID!
<input type="checkbox"/>	*Note - One Bag weighing 50 pounds
<input type="checkbox"/>	*Note - 1 Carry on Bag with change of underwear and basic toiletries
<input type="checkbox"/>	3-1-1 Travel Restriction - 3.4 oz bottle liquid, 1 qt size ziploc bag,
<input type="checkbox"/>	1 bag per passenger
<input type="checkbox"/>	